

## LGMD 2a

Hello,

I am **Stephanie**, 27 old.  
I got since I was 6 the Diagnosis muscular dystrophy / LGMD2a.

Because of this genetically defect my muscle's functions are since 5 years getting worsen.  
That's why I need to use a wheelchair.

Since a was a little girl, me and my sister's where "horse girls"  
That was later, while my disease appear stronger and stronger, hard for me to watch my healthy sisters fun with the horses.

However, I did also need a challenge, therefore I fulfilled, against hesitations around me, my dream with a own Mini Shetty, Cappuccino, the little boy beside me (pic). The little fellow is in the meantime 1 ½ years old and a real cheeky.

On our Instagram account @halb.stark I did report how hard the way to the wheelchair for me was, which problems I got in the day to day life and of course about my team mate cappuccino.

Together we was allowed to share our story, also on @trudoku, my story you can every time watch by using YouTube or the ZDF Mediathek.

We would be happy, if you join our way and accompany us on our Instagram page.



**except muscles we are missing nothing**