



My name is Christina Walz. I am married and the mother of four wonderful children. At 28 I suddenly started feeling an unexplainable pain in my calves. When taking a blood sample, we noticed an above average CK Wert, who suggested there was something wrong with my muscles. The doctors suspected a polymyositis. I was then treated for the disease for two years – without any improvement. After an endless list of medication, INFUSIONEN AND DIALYSEN, without any improvement, a doctor had the idea to do a genetical analysis, wick led to a SECURE DIAGNOSIS that, to begin, pulled the floor from under my feet. LGM2A/R1 – a MUSKELDYSTROPHIE, caused by a genetical issue, with a dead end – wheelchair, incurable.

I needed a whole while to take that in. I didnt entirely want to accept it and, to be honest, I still haven` t. I have an amazing family that has my back, a wonderful husband, who constantly motivates me and is always there for me and my wonderful children, who need me and for who I want to and have to be there. But I` m noticing the streanght of my muscles really subsides, even though I fight it as good as possible.

Some time ago, I had the luck to meet Prof. Dr. Spuler. She held a speech about her research work. And that is where my mission began. With the help of my aunt, Veronica Panick, I went to Berlin to meet Prof. Dr, Spuler and started my own project “Tina has to keep walking for her kids and herself”. A wheelchair is not an option for me, I want to go hiking in the mountains again, keep active with my kids, discover the world by foot. Because of that, me, Johannes Höggerl and Melanie Keller established the organisation “Strong for cured muscles” to collect money to support the research work of Prof. Dr. Spuler and her team to end our hopelessness.

Giving up is not an option!